

TEN COMMANDMENTS FOR PARENTS

1. Your #1 job is to encourage and support and love your child.
2. Help your student make good educational choices that will lead to positive experiences.
3. Keep the focus on helping them discover and explore their passions.
4. Recognize the academic and emotional and peer stress they are facing and monitor their college search.
5. Manage disappointments and failures in high school and in the college admission process, but don't eliminate them.
6. Provide constructive criticism and tough love where they need it.
7. It's OK to acknowledge complex feelings we are having about our kids growing up and leaving home.
8. Our children are not us; accept them for who they are.
9. Encourage your student to unplug and reflect on a regular basis.
10. Pay attention to the numbers. The college statistics are real.