

REGISTRATION FORM - Print Clearly

Name: _____
 Address: _____
 Phone: _____
 Email: _____
 School: _____
 Graduation Year: _____
 T-Shirt Size: (Circle one) L XL XXL

REGISTRATION FEES

Type	# Attending	Cost	Total
Overnight	@	\$295	
Commuter	@	\$250	

*\$50 Non-refundable deposit due with registration.
 Balance due at check-in.*

**Make Checks Payable to:
 Castleton State College**

RETURN FORM AND PAYMENT TO:

Coach Rich Alercio
 Football Office
 190 College Drive
 Castleton State College
 Castleton, VT 05735

WAIVER

I realize that participation in any athletic activity involves risk of injury. I hereby agree to waive any claim against Castleton State College, Castleton Football Camp and its instructors for any injuries suffered by my child during this clinic.

Parent Signature _____ Date _____

CAMP SCHEDULE

Thursday Evening Check-In

- 6:00-7:00 Move in
- 7:00-8:00 Orientation
- 8:15-9:45 Practice
- 10:00 Snack Bar
- 10:45 Floor Meetings
- 11:00 Lights out

Daily Schedule

- 7:00 Wake up
- 7:30-8:00 Breakfast
- 9:00-11:30 Practice
- 12:00-1:00 Lunch
- 1:00-2:00 Meeting
- 2:00-4:00 Practice
- 4:00-5:00 Pool
- 5:00-6:00 Dinner
- 6:00-7:00 Free time
- 7:00-8:00 Meeting
- 8:15-9:45 Practice
- 10:00 Snack Bar
- 11:00 Lights out

Sunday Morning Check-Out

- 11:00 Move out

PRACTICE FUNDAMENTALS

- Dynamic Warm up
- Position Specific Techniques
- Group Drills
- Unit Schemes
- Special Teams Skills
- Competitions
- Post practice cool down

CAMP FACILITIES

- Spartan Stadium
- Spartan Athletic Complex
- Football Locker Room
- Pool

TUITION

- Overnight Camper: \$295
- Commuter: \$250
- Includes \$50 Non-refundable deposit due with registration form.
- \$40 Refundable key deposit due at check-in.

CONTACT INFORMATION

Coach Rich Alercio
 Football Office
 190 College Drive
 Castleton State College
 richard.alercio@castleton.edu
 802-468-6440

WHAT TO BRING

- Cleats and sneakers
- Practice clothes
- Bedding and pillow
- Toiletries
- Towels
- Swim suit
- Spending money
- Sun screen
- A GREAT attitude

DIRECTIONS

Spartan Athletic Complex
 190 College Drive
 Castleton State College
 Castleton, VT 05735
www.castleton.edu/mapfolder/directions.htm